



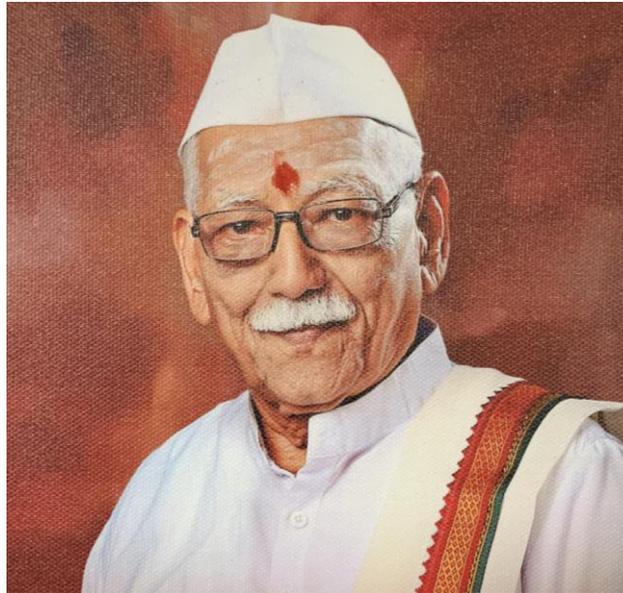
**EVERYTHING HAPPENS IN  
LIFE:**

**THERE IS ALWAYS A  
REASON FOR IT**

**- A COMPILATION**



*THIS BOOK IS AFFECTIONALTELY DEDICATED  
TO MY LOVING FATHER*



*LATE SHRI PREMSUKHJI C. BORA*

*He always strongly believed that everything  
happens for a reason and it happens for good only.*



# PREFACE



Kate Bowler and her “Everything Happens For A Reason” is along with this tragic crisis is the cause for the proposition of the book in the electronic format. I thought that why not ask all associates to write and then publish the same as the second Book, on the very poignant theme of “*Everything happens in Life - There is a reason for it- A compilation*”.

***“Everything happens in Life - There is always a reason for it”***

We’ve all heard this at least a million times before, but have we ever stopped for a moment to think about the meaning behind it.?’ If you are not the type to believe that everything happens for a reason then perhaps you may change your mind and may want to reconsider once all the likely nuances of the statement are laid out before you.’ This is a concept that I tell my students and clients all the time. This is not fatalistic, far from it and at times hard to grasp or believe, but it could not be truer. Just think why people come into your life for ‘a reason, a season, or a lifetime.’ Perhaps because no matter how good, or how painful a role they played, they taught us something, something that will reveal itself to us at some point.

This goes hand in hand with the concept of everything happening for a reason.

While there may be unpleasant lessons that are learnt, they are lessons nonetheless. We have to be open to the pain and difficulty, to be truly receptive to what it is that we are supposed to gain from an experience.

It can be difficult at times, to think in terms of everything happening for a reason, but it can also be helpful.

At times when we are going through a particularly difficult time, it can be very comforting to think that there is a purpose to this, and there will be a use for what I am going through this very moment.

Therefore , keeping in mind the second phase of Coronavirus, I am confident that this E Book “ Everything happens in Life - There is a reason- A compilation” will also be a memorable experience in the life of each one who have contributed for the same and I express my heartfelt gratitude to all for responding to my request and becoming part of making my dream of creating this collection in the e book format.

Last but not the least, I wish to express my heartfelt thanks to Adv. Sanket S. Bora and Ms. Ruchi Bhansali for their valuable contribution for creating this compilation in a very creative manner.

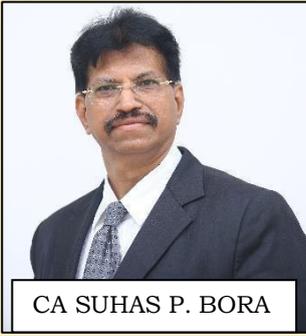
Love and regards,

A handwritten signature in blue ink, appearing to read 'Suhas P. Bora', with a long horizontal stroke extending to the right.

CA. Suhas P. Bora

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## **Everything Happens for a Reason**

Yes, everything in life does happen for a reason. Everything, we might not realize it, but it does. I am sharing with you following few incidences in my life, which makes my belief more confirmed that Everything Happens for Reason.

### **1. From dream of becoming Doctor to Chartered Accountant.**

Right from childhood it was my dream to become a doctor and accordingly my journey from the school till prelims of 10th standard was going on. In the prelim exam, which was conducted just two weeks before the board examination, I scored a distinction. Immediately after Board examination, me and my childhood friend Rajendra Ballal started preparing from 11th science books. When in the month of June, the results of board examinations were announced, it was great shock to me as well as all my near and dear ones. In this examination, I scored only 44.13 % marks. I was totally depressed and just had no answer where I went wrong in the life. I realised that my dream of becoming doctor was washed away as nowhere I could get the admission for science field and therefore, I had given up on my dream of becoming doctor. These marks made me to change my dream of education from science to commerce. Surprisingly, my journey in commerce side from 11th to B.com went with flying colours.

Once again in 1981, when I decided to become CA, one more time destiny made me change my decision and I responded to the policy of Telco to absorb the few top students of each college by offering them handsome salary. Due to unforeseen financial problems, I decided to join Telco and infact completed all formalities and I joined the service. That time my Mentor and my Hero, my grandmother made me to resign from Telco by sending a letter and asking my brother to post it, since one of my closed relative made a statement about me back in 1981 that, "Considering circumstances and the percentage of CA passing, Suhas to pursue CA course means rubbing ghee on stone, so it is better that he should continue job at Telco with handsome salary of Rs.26000/- per month". My grandmother made me to prove myself by achieving that highest degree in commerce at any cost and that became my dream. Thus, my original dream of becoming doctor in the medical profession changed to becoming a Chartered Accountant, who otherwise is also considered as doctor of finance and taxation.

## **2. Fracture of left ankle**

In the last week of November 2003, my niece Riddhi, had been to my house for a short vacation. We enjoyed a lot and in the evening me and my better half Neeta, went to Adhinath Society to drop Riddhi at her place. I was standing on foot path waving her good bye without noticing that my leg was on the edge of foot path. As soon as I started to move, my leg slipped off the foot path and got stuck there. I realised that something went wrong as I could not stand on the leg. Immediately, my brother Abhay and Neeta took me to hospital. After the X-ray report came in, we got to know that I had a fracture in my left ankle and it needs to be operated and additional iron material were to be inserted inside my leg. That time, I felt that when I am having good fitness level, I am regularly following exercise regime also, then why did it happen to me only?

Next day, I got operated and was hospitalised for few days.

In those days, we were having audit assignment of one of the prestigious Ganpati Temple situated at Ozar which is one of the Ashtavinayak Ganpati. The accountant of the said trust committed suicide due to harassment of then trustees of the said temple and accordingly he has kept suicide note. However, unfortunately, before he committed suicide, he called up to our office for some clarification on audit. In the investigation process, police department due to the suicide note and his last call to our office, reached to at our office enquiring about me. They were told that I am admitted in hospital so they reached Ranka Hospital where I was operated and hospitalised. They asked me all the questions and understood that when that accountant called at our office, I was operated at the hospital and therefore, my involvement leading to suicide of that accountant was remote. Accordingly, the investigation officer reported to the higher authorities. I got answer to all my questions which were in my mind when I got fracture with small movement of leg inspite of having good physical fitness etc. Had not been that incidence happened, I would not have been operated and hospitalised and it was sure that due to the pressure of all village people, the police department would have arrested me. This incidence makes my belief stronger that everything in life happens for a reason.

## **3. Decision of Sanket to pursue LAW as a career**

Since childhood of my son Sanket, it was my dream that he should become Chartered Accountant. However, the destiny written was something different.

In 1997, the discussion of handing over VAT audits from CA to Advocates was going on. So, I told my better half, Neeta to pursue Law. Sanket also use to accompany her sometimes for her law classes after finishing his taekwondo classes. To surprise of our all, Sanket use to recite the exact sentence of law lecturer from whom Neeta took her classes. This was the 1st sign to all of us about his interest in Law field. Then after his 12th grade, he communicated me that he wants to join 5 years law course instead of pursuing B.com and I came to know his answer to one of my relative when he asked Sanket a question, “Why he did not pursue B.com?”. To which Sanket replied that he choose 5 years law course because he had to take great efforts to fail in B.com. Therefore, I permitted him to join 5 year law course simultaneously along with CA course. He completed IPCC and also enrolled for CA final course. However, one day he came to me and shared his dream to pursue Law as a career. I responded by saying that I respect his decision (though unwillingly) however, he should achieve only excellence in the law career and not less than that. Accordingly, he shifted to Mumbai and joined Law firm Vaish Associates. After successfully acquiring all the skills, on my request, he joined my hands as an Advocate Sanket Bora and formed law firm, SPCM Legal. When he appeared before Hon’ble Supreme Court and succeeded in getting admission of Special Leave Petition in the tax matter, my joy was beyond imagination and I responded, “It took me 27 years to appear before Tribunal and he at the age of 27 appeared before Supreme Court”. With this incidence, I firmly believe that everything happens for a reason in life.

With these few incidences in my view, there are 5 underlying reasons why I feel that everything happens for a reason in life.

These 5 reasons are fundamental to our greater understanding of the meaning of our lives.

### **1 — It prepares you for what’s to come**

One very powerful realization is that everything happens for a reason because it’s preparing you for what’s to come in life. It’s helping to get you ready for a bigger and brighter future. You can’t have the pleasure of success without suffering through the pain of defeat. Even when these are tragedies outside of our control, there is a reason for them.

Cognitively, it doesn’t make sense. I know that. You can’t understand the reasons why someone dies, someone leaves you for someone else or why a business might collapse. All you’re dealing with at the time is pain. But once that pain washes over you and you move slowly into the future, things begin

happening that wouldn't have happened had you not suffered through that pain in the first place.

## **2 — It makes you more resilient**

Failure, tragedy and defeat make you more resilient. Not at the time when you're suffering through it. But over time as the weeks, months and years wear on. Often, you will never get over those biggest heartbreaks in life. But that's okay. Because it shapes you into a more resilient person. It hardens you for what's to come.

The truth is that tough times never last. But tough people do. And the scars that we receive in life will remind of us where we've been, but they don't necessarily need to dictate where we will go. Don't wallow too far in misery. Lift yourself up. Find the beauty in the simple things in life because that's what's important sometimes.

Ultimately, you understand that not everything is in your control, nor should it be. You simply can't control everything that happens to you in life. But you can control how you respond. There's an old quote that says life is 10% what happens to you and 90% how you react to it.

## **3 — It helps you to shatter your old beliefs**

When something bad happens to us, and it's within our control, as in, the circumstances were a product of our own behaviour, it makes a big impact on our ego. In fact, it shatters our old beliefs. We fall from grace and realize that whatever it is that we were doing, however it is that we were behaving, wasn't at all proper.

You look at things differently. You learn to approach it in another way. That's the thing about beliefs. They're ingrained in us from childhood. They're baked into our minds. And it's so hard to overcome those old beliefs when we're stuck in our ways living in mediocrity. I'm not talking about tragedies here. I'm talking about failures that we played a role in.

It's pretty powerful to shatter your old beliefs. It's essentially your ego crashing down to the floor. We're able to reason so much of our limiting behaviour because it's steeped in habits. We go after pleasure while trying to avoid pain in the short term. Not in the long term. If we were avoiding pain in the long term, we would always do what it took to make big progress and improve over time.

#### **4 — It helps invite progress not perfection**

It's all about progress and not perfection. Imagine being able to improve any area of your life by just one percent every day. That one percent compounds on itself over time. But too often, we don't improve. We actually stay stagnant. That is, until we're jolted out of our old limiting patterns of behaviour by some deep amount of pain or failure. That's when life's real lessons kick into high gear.

However, too often, when something goes wrong, we fall of the proverbial wagon. We don't make a little bit of progress. We actually go backwards. However, when that deep and sudden failure occurs, it opens your eyes to the necessity of making progress.

#### **5—It makes you more empathetic and real**

It's hard to be empathetic when you haven't really suffered through major defeat and tragedy. It just is. Sure, you can be sympathetic still. But not empathetic. Empathy only happens when you can truly relate through an experience with someone else. There's real power in that.

It also makes you far more real and far less superficial. It's easy to be superficial. We all have 3 faces. The face we show the world, the face we show family and friends, and our other face that we show no one. The latter is our true self. What happens when you suffer through a big tragedy is oftentimes those faces merge and you are left with a much more true and real face.

Why is that important? Because authenticity and transparency are so hard to come by these days. But when you find a person who's real and authentic and transparent, it really does make you stop dead in your tracks. Those are the types of people that I choose to surround myself with. Not fake people who are only concerned with what others think of them.

Therefore, I am strong believer that Everything Happens in Life – there is always for it.

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Whether everything happens in life for a reason?

This is a million Dollar question for which I feel that there is no scientific answer to justify but history and wisdom of learned people and past life experience of our elders say that it is a true fact that “Everything happens in life for a reason”.

Right from the holy “Bhagwad Geeta”, all the ancient and modern religious and spiritual literature, recitals and lectures of saints and prophets everywhere this truth is narrated that “Everything happens in life for a reason”.

We all have been reading in religious novels and hearing from our Gurus and experts that there has to be a reason for every good or bad thing to happen. No event happens without a valid cause or reason behind it. We all have experienced the common dialogue of our parents, elders in the family, spiritual Gurus, religious saints and learned people i.e. “जो भी होता है अचे के लिए होता है” or “हर अचे और बुरे कार्य होने के पीछे कोई न कोई कारन जरूर होता है”

This dialogue is often narrated with reference to some factual event which has happened and the happening of the event is discussed with the reason which is co related with the happening of the event, which creates a strong belief that the reason corelated to the event was the mere purpose for the event to occur. Thus the description and analysis of event with justifiable reason makes a strong belief in the mind of every person that “Everything happens in life for a reason.”

On the other side, sometimes the future event which is prospective to occur is discussed with the purpose and reason that will make the event to happen. Later, on happening of such future event when it is co-related with the reason earlier discussed makes a strong belief in the mind of every person that “Everything happens in life for a reason.”

Thus, I believe that the events which are scheduled and desired to happen in life are definitely going to occur and happen, but the conventional and traditional system of corelating the happening of the event with the reason

attached to it is purposive and intentionally followed. I feel that the purpose behind correlating the happening of event with a specific reason is to dilute or strengthen the impact of the happening of that particular event in the beneficial interest for consoling and making comfortable, the person who is impacted as a result of the happening of that particular event.

It is more of customary or traditional concept accepted by mankind in the ancient days and has been successfully followed throughout for the comfort and peace and harmony of the people in the society at large.

When people have to cope with difficult situations in their lives, they sometimes reassure themselves by saying that everything happens for a reason. For some people, thinking this way makes it easier to deal with relationship problems, financial crises, disease, death, and even natural disasters such as earthquakes. In this present Pandemic situation of Covid 19 we all have experienced that the phrase “Everything happens in life for a reason” has been very much helpful for consoling the impacted people and their family members.

When we believe that every person we meet or deal with has a role in our life, either it is big or small, we may not be sure of the role but the belief of the reason itself makes us develop harmonious and cordial relations in life. No matter how good, or how painful role they played, they teach us something, something that will reveal itself to us at some point.

Another important realization is that when you believe “Everything happens for a reason” it is preparing you for what's to come in life. It's helping to get you ready for a bigger and brighter future. It makes you understand and realize that you can't have the pleasure of success without suffering through the pain of defeat.

There are some thought provoking and wonderful Quotes About Why Everything Happens for a Reason which are worth sharing :

- (1) *“I believe that everything happens for a reason. People change so that you can learn to let go, things go wrong so that you appreciate them when they're right, you believe lies so you eventually learn to trust no one*

*but yourself, and sometimes good things fall apart so better things can fall together.” — Marilyn Monroe*

- (2) *“Realize that if a door closed, it’s because what was behind it wasn’t meant for you.”— Mandy Hale*
- (3) *“I wouldn’t change anything. I think that it’s important to let things happen, and stay ‘happened’. I think that’s all part of the learning curve, part of fate. I’m just glad that it happened.” — Mike Peters*
- (4) *“In the final analysis, the questions of why bad things happen to good people transmutes itself into some very different questions, no longer asking why something happened, but asking how we will respond, what we intend to do now that it happened.” — Pierre Teilhard de Chardin*
- (5) *"I trust that everything happens for a reason, even if we are not wise enough to see it."- Oprah Winfrey*
- (6) *"Someday, everything will make perfect sense. So for now, laugh at the confusion, smile through the tears, be strong and keep reminding yourself that everything happens for a reason."- John Mayer*
- (7) *"Do you believe that there are no coincidences in life? Everything happens for a reason. Every person we meet have a role in our life, either it is big or small. Some will hurt, betray and make us cry. Some will teach us lesson, not to change us, but to make us to be a better person."-Cynthia Rusli*
- (8) *Bad things do happen; how I respond to them defines my character and the quality of my life. I can choose to sit in perpetual sadness, immobilized by the gravity of my loss, or I can choose to rise from the pain and treasure the most precious gift I have life itself. - Walter Anderson*

(9) *Miracles happen every day, change your perception of what a miracle is and you'll see them all around you.* - Jon Bon Jovi

(10) *Some people want it to happen, some wish it would happen, others make it happen.* -Michael Jordan

Whatever happens, happens for the best; whether you accept it or not the most valuable lesson behind it is to make you stronger. Live in the moment, hang on to it and let go the rest. Always believe that “You are the Best” and “The best for You is yet to come”.

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I totally agree with the point that everything happens in life-there is always reason for it and for a good cause. In support of my view I would like to narrate my two real life incidents.

I had finished my 10th standard exams and the results were announced and I got 77 %. My family members and teachers appreciated me. And that day finally came when we had to decide our stream. I wanted to pursue science and even my relatives and friends suggested me to pursue science as my percentages were good. On the contrary my father said you should pursue commerce. I was not very happy with their decision and I tried my best to convince him, but he was firm on his decision. Then I completed my graduation, post-graduation in commerce stream and completed Chartered Accountant course under guidance of Suhas Bora Sir. Today I realised that the decision my father took was pretty correct. Today I am being able to live a very comfortable and happy life compared to my other friends who took the decision to pursue science.

The second incident happened a few years ago. I was going out on my bike for some important work but suddenly a accident occurred. I thanked the man who brought me to the hospital. I was admitted in Ranka hospital and the operation was successful and Doctor said that I would have to take bed rest for two months. I was worried as how would I go my office and do my other work. Due to support of my all my family members, Suhas sir, Dr. Ranka, all my friends and the entire staff I succeeded in completing all office work within due date. To take care of me and my children, my wife had to quit job. During this time I came to know the value of all true relations.

I would like to conclude with the famous proverb ***EVENTUALLY ALL THINGS FALL INTO PLACE. UNTILL THEN LAUGH AT THE CONFUSION, LIVE THE MOMENTS, AND KNOW EVERYTHING HAPPENS FOR A REASON.***

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CA CHETAN R.  
PARAKH

The saying “Whatever happens, happens for the best.” Is this saying only meant to console us or does it have a hidden meaning? The truth is, everything happens for a reason, be it good or bad. At times, we are not able to understand, the true meaning behind the happening. But the fact is everything happens for a reason and many times we are not able to understand the reason because it is beyond our logic.

The saying can be modified as **WHAT EVER HAPPENS, HAPPENS FOR THE BEST AND THERE IS REASON BEHIND IT.**

Whatever happens, happens to us, by us and through us only. We are the creator, enjoyer and the destroyer of all our perceive. Sometimes things happen to us that may seem horrible, painful and unfair at first, but later on, we find that without overcoming these obstacles, we would have never realized our potential, strength and willpower. Everything happens for a reason. Nothing happens by chance or by means of good luck. Illness, injury, love and stupidity, all occur to test the limit of our soul. Think positively is not about expecting the best to happen every time, but accepting that whatever happens is the best for this moment.

Positive people are usually the happy and no worries people, because they think that whatever happens, everything will be fine. Enjoy the time we have now. Live in this moment and never look back, whatever happens – don’t stress. Life is 10% what happens to us and 90% how we react to it. We must develop an attitude of ‘Gratitude’ and give thanks for everything that happens to us. Knowing that every step we take, we are achieving something bigger and better than our present situation. We cannot control what happens to us, but we can control our attitude towards what happens to us, and in that, we will be mastering change rather than allowing it to master us. It is not what happens to us but how we react to it, that matters. We cannot turn the clock back nor can we undo the harm caused, but we have the power to determine the future that what happened, never happens again.

I am blessed and I thank God every day, for everything that happens to me. All the adversity I had in my life and all my troubles and obstacles, have strengthened me. I always try to make the best of what is in my power and take the rest as it happens.

There is a saying “Where there is a will, there is a way.” Whatever happens, happens by the will of God. Do not get aggravated, just go with the flow, follow our gut feeling and do as many acts of kindness, as possible. We must keep in mind that kindness is the language that the deaf can hear and the blind can also see. As long as we have more breaths to take and as long as

we have the free will to take good decisions in our life, nothing can hold us back except ourselves. Whatever happens, happens for the best and definitely there is some reason behind it. Whether we accept it or not, the most valuable lesson behind it is to make ourselves stronger. Live in the moment, because that's all there is, hang on to it and let go the rest. Live each day as if it is our last and remember the majestic saying of GITA "WHAT HAPPENED WAS GOOD. WHAT IS HAPPENING IS GOOD AND WHAT WILL HAPPEN WILL ALSO BE GOOD FOR THE MANKIND."

People come into our life for a reason, a season or a lifetime. It is the idea that no matter how good or how painful, a role they played, they taught us something, something that will reveal itself to us at some point. This goes hand in hand with the concept of everything happening for a reason. There will always be a reason why we meet people. Either we need them to change our life or we are the one that will change theirs.

I believe that everything happens for a reason. People change so that we can learn to let go, things go wrong so that we appreciate them when they are right, we believe lies so we eventually learn to trust no one but ourselves and sometimes good things fall apart so better things can fall together.

I trust that everything happens for a reason, even if we are not wise enough to see it. Someday, everything will make perfect sense. So for now, laugh at the confusion, smile through the tears, be strong and keep reminding ourselves that everything happens for a reason. Do we believe that there are no coincidences in life? Everything happens for a reason. Every person we meet has a role in our life, either it is big or small. Some will hurt, betray and make us cry. Some will teach us a lesson, not to change us, but to make us to be a better person.

Whatever happens to us, also happens for our good, illness, love or loss, Whatever, it may be, all happens for a reason, all happens to test the limits of our soul.

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Last year during the lockdown I was given opportunity to share my thoughts on "3 R's" and this year again during the lockdown I am presented with an opportunity to share my views and thoughts on "Everything happens in life - There is always a reason for it"

First thing I associate with such a phrase is positive approach. Since childhood I am blessed to have my father who happens to be an ardent believer in the said phrase.

I too believe that such a phrase not just showcases positive approach but shall give one mental peace.

Once an event has taken place or a decision is taken, I believe we are rendered incapable to do anything about it; just take note of this phrase and move on.

There have been ample incidences in my life that makes me too a firm believer of the said phrase.

Even various Religious Texts from Jainism and Hinduism have enumerated this phrase. Even though I cannot reproduce those relevant paras as of now, but with the aid and guidance of Adv. Makarand Adkar Sir, I am sure to bring forth the same soon.

I'd like to share one of the instance whereby I followed this approach:

I am big automobile enthusiast and love self driving my cars. During last year while traveling to Lonavla for work, I met with an accident in my Skoda Superb. The accident was brutal, fortunately neither me nor Aashit got severely injured. I had serviced the car a day before. I had travelled on the same roads on similar speeds umpteen times in my life; yet that day, my first accident took place. At first I was furious about the accident, then saddened at the cars condition, but later I realized that this accident was an eye opener for me to ensure I am more alert and do not take for granted my privileged life!

The only thing I visualized was my family and specially Adveek during the seconds the accident taking place.

Since then, I've never been more careful and alert while driving.

I also feel that a lot many people preach this during someone else's tragedy, however, it's easier said than done. It takes courage to apply this phrase in life.

I'm sure, once you truly believe in the phrase, things will be so much better.

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“Jo hota hai ache ke liye hota hai” everyone uses that line once in their lifetime. Even when you ask google jo hota hai.. it will reply through the search engine “ache ke liye hota hai”

When I received your mail, at the first instance the phrase was so easier to say but when I sat down to write, it's difficult to describe.

Believing in everything happens for a reason is a choice you have which empowers you to create meaning from the tragedies and setbacks you experience in life. It helps you give a closure on things you don't have an answer for.

“Everything happens for a reason” allows you to make sense of the chaos in your life

There is beauty in believing that there is a reason why things don't go according to plan. Sometimes good things fall apart for better things to come together. It falls apart for our betterment, for our growth.

On the contrary, never forget the power of will and hard work. Don't let this mindset consume you into being complacent and believing that everything is decided by fate and destiny and human efforts and hard work has no value.

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## कर्मण्ये वाधिका रस्ते मा फलेशु कदाचन II

As it is rightly said in Bhagvad Geeta, everything happens in life depends upon the Karma you do and thus there is always reason for it. Good/Bad Things happens depends upon the karma you do. Everything that happens teaches you a lesson, you have to accept it and move forward. We meet different people, stuck in some situation gives the lesson of learning, best thing happens.

So we have to be positive, do good work. Everything happens for a reason, Live it, Learn it, Love it.

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MRS. NEHA S.  
SURPURIYA

I truly believe in the above statement. I have always heard my parents using the statement “Jo hota hai acche ke liye hota hai “. And after that vouched for it that actually something good has happened. Their belief in the above statement made me believe & experience many such incidence in life, where it got proved that “Everything happens in life - There is

always a reason for it “.

There are many such incidences in my life where the above statement proved to be true. Sometimes the situations are not in my favour or as per my wish , during this time I keep faith in God & believe that everything happens in life - there is always a reason for it . Due to this thinking many a times I forget the incidence & after few days something such things happen that above statement gets proved. I would like to share some of the incidences of my life.

Recently in 2nd week of March Arvee my daughter 7 months old & I were tested covid 19 positive. And I was shocked and tensed looking at the reports. I was worried as how will I handle Arvee single handedly? Before that I had never been alone with her. Always had someone to help me manage her. And after that spoke to my mummy & Pappa and they both just told me to take this as opportunity to spend time with her. And from next moment I took it as an opportunity. And after our quarantine period I knew her every sign of conveying, whether it was asking for water or food or sleep. Could set her sleep time. I enjoyed every moment with her playing, singing rhymes, crawling, smiling, making mess with colours, talking with all family members through video call, etc. After 14 days I realised that yes “Everything happens in life - There is a reason for it “. These days were my best days of my life post Arvee. Thankfully by grace of God I was asymptotically positive, so went through it very easily.

There is one more incidence where during my 12th board prelims my Pappa met with a accident where his ankle broke and had to be hospitalised. He had to undergo a surgery & recovery would take a month or two as per Dr's. That time I saw my mom take Pappa on her two wheeler for dressing as they were never dependent on anyone. That time I felt wish I could drive car & would be a help to mummy Pappa who never let a scratch come on me. That day I decided I need to learn driving car. And post that incidence I learned driving & with full confidence I would drive around the town. Now I am never dependent on anyone to reach anywhere. Through this incidence I learnt that

Everything happens in life - There is always a reason. Along with that from my parents I learnt to be independent and confident.

There are my such small small incidences too which proved the above sentence. And to prove the above statement true we should always have faith & belief in God that he will always have better plans for us in life. I would always be grateful to mummy Pappa & my little brother Sanket who always told me & made me believe “jo hota hai acche ke liye hota hai” - “Everything happens in life - There is always a reason for it “.

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Many times, in life we want something and something else only happens and we get disappointed, annoyed and feel that we don't get in life what we want. But, at later stage we realize that whatever happened for a reason and all the more for a good reason.

When I look back there are so many incidents which at that particular moment felt overwhelming or gave a bad feeling but later on turned out to be good for me. I am sharing a few of them. When I was young there was always monetary constraint and at that point it used to feel that why it is so? But now I realize that it was really good in the sense that it ignited fire in the belly to do something in the life and achieve something. This attitude to do something made me excel in my studies and ultimately could complete my CA in first attempt. It taught me to value things in life.

One of the most important phase in life is when we are about to get married. For me, it was one of the difficult phase in my life. I was rejected innumerable times. After many rejections, I got engaged, but soon disputes started between the two families. It was so depressing. My family was so worried and I just prayed to God that somehow let the marriage happen and after that I will handle whatever happens. But God had something else in store for me, the engagement was ultimately cancelled. After one year of the incident, I got engaged to Parixit, my husband. My life just turned around. He is the most amazing person in the world. I could not have asked for a better person in my life. Life has become so easy with him. Now, when I sit and think about my life, marriage is the best thing that has happened in my life. Looking back, I feel that every moment of my suffering was worth of it and God has a reason for everything that happens in our life.

Another incident what I can recall is after my maternity break, I wanted to resume my professional work and was in search for the work and I just casually met one of our family friend who introduced me to Suhas Sir, and Suhas Sir gave me that break which resumed my professional career and learning. I got to know so many wonderful people here. Now I can clearly see why and how it happened for a reason. It is one of the relationships which I would always treasure.

Let me share one more incident that my husband used to suffer from Bronchitis. It was really a concern and used to give bad feeling about his health but after sometime he just started walking and then running. Since he was doing it very regularly and kids were observing the same and gradually kids also picked it up and started doing lots of physical activities very

regularly. It is really satisfying to see the kids play so many sports and being physically active.

Somewhere on social media I saw a Steve Jobs video which was about his life and I could really resonate with his concluding words that you can connect the dots only looking backwards. And I truly believe that whatever happens in life, happens for a reason.

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I believe that everything happens for a reason. People change so that you can learn to let go, things go wrong so that you appreciate them when they're right, you believe lies so you eventually learn to trust no one but yourself, and sometimes good things fall apart so better things can fall together."

- ✚ "There will always be a reason why you meet people. Either you need them to change your life or you're the one that will change theirs."
  - ✚ "I trust that everything happens for a reason, even if we are not wise enough to see it."
  - ✚ "Someday, everything will make perfect sense. So for now, laugh at the confusion, smile through the tears, be strong and keep reminding yourself that everything happens for a reason."
  - ✚ Do you believe that there are no coincidences in life? Everything happens for a reason. Every person we meet have a roll in our life, either it is big or small. Some will hurt, betray and make us cry. Some will teach us lesson, not to change us, but to make us to be a better person."
  - ✚ Bad things do happen; how I respond to them defines my character and the quality of my life. I can choose to sit in perpetual sadness, immobilized by the gravity of my loss, or I can choose to rise from the pain and treasure the most precious gift I have - life itself.
  - ✚ Miracles happen every day, change your perception of what a miracle is and you'll see them all around you
  - ✚ Some people want it to happen, some wish it would happen, others make it happen.
  - ✚ Just remember that you can survive anything that you set your mind too, and while it may not feel like it at the time, you will survive your break up. You may not be sure the reason, or what is ahead for you, but it might be and can be great. Just take a step back and think about the message. Good things may lay ahead for you.
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It is rightly said that “**Sometimes good things fall apart so that better things can come together**”

I completely believe that, “*Everything happens in life - There is always a reason for it*”. After my own life changing experiences which made me believe in this philosophy, I learned to look at things in a different and positive light.

Out of so many experiences, I would like to share one of them with you:

*“Right from my childhood, I was very much interested in crafts, drawing, painting and all the other creative stuff. I was so sure that I have to pursue my career in creative field only. After my 10th boards, I went to Mumbai at my relative’s place for vacation. Their entire family is Chartered Accountant and even one of them is Rank holder. I don’t know how but I got so influenced that on my return back to my place, I told my family that I want to pursue Chartered Accountancy course and enrolled for CA entrance inspite of the fact that my mother was constantly advising me to pursue my career in designing and creative field as I was much interested in creativity and have a creative mind too. After entering into CA, looking at the syllabus, the pressure one goes through, the failures etc., I constantly blamed myself for choosing wrong career. But, soon as the time passed, I realised what a gem of people are part of my life today. They are in my life only and only because I choose CA. Had I chosen any other career option, I might not have even met them. I am so glad that I made so many wonderful friends and mentors who now holds most important place in life and I cannot imagine my life without them in it and it is all because I choose to become CA. Today, I even developed interest in my work and now looking forward to work even harder. Today, I love my work and the people in my life and now I no more regret choosing CA as a career.*”

Today, whenever anything goes wrong in my life, I believe that even this chaos has a purpose. It allows me to take a step back, look at my life more closely and constantly reminds me that I should not take any decision in an impulse manner. It gives me renewed motivation and purpose to go forward.

I know everything happens for a reason.

On a lighter note, I just wished the reason would hurry up and make itself known.

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Yes, Personally I am agree with the statement and I would like to correlate with this my experience in following instances

In the first instance, which I am going to share with you is:

Few years back, when I was searching a first job for me and when I was just fresher and don't have experience. I went to one of my relative cousin brother who is a CA and having his own office. I was under impression that, he will give me an opportunity in his office and train me in a good manner as he knows very well to me and my family and also known the my background.

Further when I told him that, I want to learn and want to work in taxation and asked about any vacancy in his office, he immediately replied, "Sorry dear Kalpesh, right now we don't have chairs for our staff, so currently it's not possible". I was totally get afraid and came at home with full of emotions.

My Mom told me, don't be get afraid and always keep in mind one thing for life time that, "Jo bhi hota he acche k liye hota he" and "god will always do better with you and there is always some reason behind it", so wake up my son and believe on yourself and try another one, because some better and great things are waiting for you.

Within a few days, I got my first job and really I found one of the finest "Guru" of my life, because he teaches me in great manner, he has taken efforts on me and make my basics strong. I was really enjoying the work. Afterwards we have done lot of work together and completed the targets. Meanwhile (not more than 15 days from my joining) I came to know that, my Cousin Brother (Relative CA) was searching a person's/employees for his office.

From the above instance, I learned a lot about life, people etc. Therefore I personally believe that "Everything happens in life- There is always a reason for it". This was happens with me because, God wanted to develop me being a human as "Strong" , "Never Give up attitude" "Self Belief" person and also wanted to connect with my "Guru" of life. I had taken it positively and such instance happens with me as I got my "New Mentor" , "New Guru", I got very good knowledge with amazing relationship.

Moving forward, I would like to share another instance of my life that, most of the students (including me) never get failed earlier in exam until our CA Course exam. I would personally like to say it as “we have not got success this time” instead of “fail” and our Success in just postponed and don’t say I am failed in exam.

I will like to through light on, when you have not get success in first attempt of professional exam like CA, you get very sad, afraid and get your moral down because, before this you never pass such situation and test the failure in any exam. The same thing happens with me also.

As usual my parents again help me to get out this situation and as a result I got success and I completed dream of all my well-wishers, especially of My Mother.

This phase of my life teach me a lot. I feel God believes me and wanted to make me more and more strong to face the challenges. Taking positively, I get more energy and my confidence get boost up on each time to face the challenges and therefore I am always ready to accept and to face the problems because “There is a solution for every problem”. Hence, automatically my attitude is created like “Don’t stop to try unless and until you succeed”.

From the above instance of not getting immediate success in exam was teaches me a lot and make me very strong fighter. Hence once again I would like to connect it with “Everything happens in life- There is always a reason for it”.

At the last, I would like to say there are many small events, instances happens with us in life for which there is always reason behind it. For e.g. when you forget to bring tiffin and come office, you will get surprise lunch party from the office colleague on occasion of birthday or anything else.

Therefore, “We should believe in god, believe in yourself. God has created path for us and you just follow the path because god have faith on you and also gives you, ability to walk on the path. Hence keep in mind “Everything happens in life- There is always a reason for it”.

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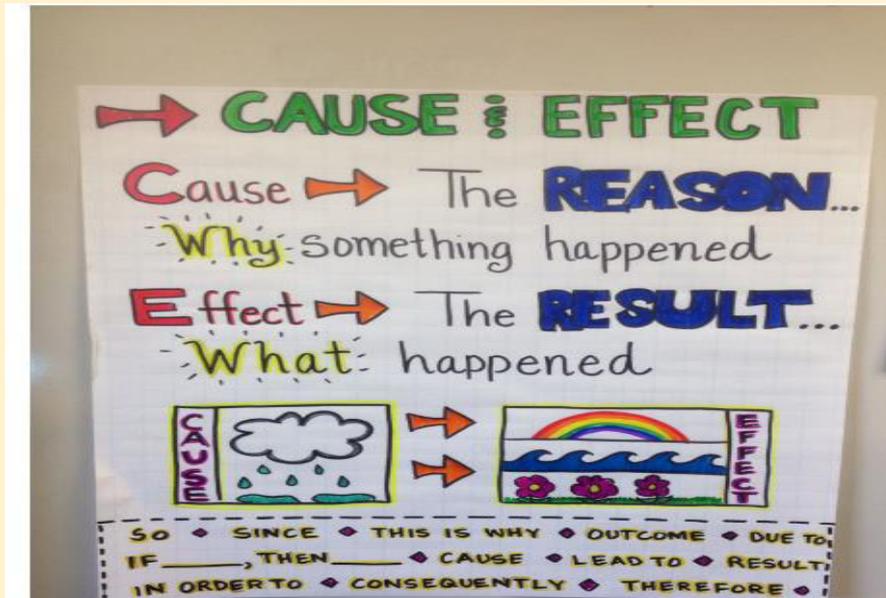


Yes, I do believe “everything happens for a reason” because I think that everybody shapes their own path by the choices they make every day. At times, it may seem that certain events are fixed to be in your life but really I think it was all the choices you made before that put you into that moment. Everything that happens to a person affects them whether it’s big or small and shapes their entire life. In my current phase of my life when I am going to birth to new life and I am taking it for positively that I believe that “everything happens for a reason” because everything happens for a purpose and because of blessings of God new member will get bundle of joy when we become a couple to a family, Sometimes bad things could happen to open or allow something better. In some cases many people are choosing their own destiny some for bad, some for good but, even that God is the only one who knows what will happens to us, we are human being, and I strongly believe that we are here in the earth for a reason. For me it is a clear as that thing happening happens for the good; whether you accept it or not the most valuable lesson behind it is to make you stronger. Live in the moment, because that’s all there is, hang on to it and let go the rest. I have learned how to see the both side good and bad things when something happens in every new phase of my life. I always remember the saying of GITA what my grandmother told me that “WHAT HAPPENED WAS GOOD. WHAT IS HAPPENING IS GOOD. AND WHAT WILL HAPPEN WILL ALSO BE GOOD FOR THE MANKIND.” Like saying “what goes around comes around” Every day is a challenge and I always see the good side things like lessons, surprises or opportunities to have a better life. Sometimes things happen to you that may seem horrible, painful, and unfair at first, but in reflection you find that without overcoming those obstacles you would have never realized your strength, willpower. If someone betrays you, or breaks your heart, forgive them, for they have helped you learn about trust and the importance of being aware to when you open your heart. Finally, if you love someone tell them, you never know what you are gone get. If we think about our daily life that we do eat, sleep, work, and do entertainment. We do those things when we feel we need those things and this is the reason. Let’s enjoy life with everything it has. I believe things do happen for a reason but what I wanted you to grasp out of all of this is that “life is what you make of it”. We can get out there and live life that is full of happiness.



I agree and Believe in the phrase " Everything happens in life - There is always a reason for it ". There are various small instances which made me believe that whatever happens has a reason to it. The experience that I would like to share regarding the connect with the person who changed my life. It was my class Eight when I met my Guru Leena Teacher. When I joined her for my tuitions during second mid Term I was unable to solve the Maths sums that Class Fifth can also easily solve and average student too. Till the completion of my class ninth, she made me in position that I was able to solve difficult sums too. Because of her patience in teaching me from those basics, making me understand each and every concept, developing an attitude to think and to find solution made a drastic change in my life. Because of teachings obtained from her I could think of doing Chartered Accountancy course. I shall always be grateful to her.

Happening of an act has a reason is like cause and effect relationship as shown below:-



In my view, in some instances there is an answer to happening of an event and sometimes there is no answer to it but a belief that, "Joh hota hain ache k liye" to have positive approach and also helps to accept the change.

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CA ROHAN R. NAHAR

I have a personal favourite quote,

*“I never got, where I thought, I would be, but, I always got a great story.”*

This quote amazes me because every time I read it; the meaning gets more deeper than the earlier time. It compels me to pose a question to myself- ‘Has the quote changed, or have I?’

It is rightly said, “Life is 10% what you get and 90% how you take it.” In all the parameters of life- personal as well as professional we are faced with challenges and those are the ones which mould our character into a beautiful sculpture.

We can crib about it or grab the opportunity to overcome it and be the part of the few that think of breaking the walls instead of banging the heads against it.

To develop an attitude to see the positive side of a coin, we have to nurture the quality of belief. It starts with believing in the ability to fight, survive and achieve. It also includes believing that all the external things will someday fall in place like a jigsaw puzzle and will give a beautiful picture in the end. Late basketball star Kobe Bryant famously quoted, *“If you do not believe in yourself, no one will do it for you.”*

The faith that there is some bigger reason for any mishap should always be so strong, even in the tough times, that, it should never affect the efforts that are put in. New York Yankees’ Derek Jeter perfectly weighed in on this, *“There may be people that have more talent than you, but there's no excuse for anyone to work harder than you do.”* In no way it means that the lows in our life should be ignored. The difference in us humans what separates us is that we can feel emotions. Every emotion has to be respected but should not be stuck upon to create our own obstacles. We need to nurture and train our mind to accept it and get back up again. This acceptance is what creates ‘*mind over matter*’.

There are two constants in life- First, the universe is constantly changing and evolving. *“What it is today is never the same tomorrow”*. Second, is *“that which turns potential into reality.”* It reveals that everything happening in life today has a purpose because it turns you into the person you are becoming. The

events people are going through and the actions they take are creating the person they are becoming.

We all are not a random element in the universe, reacting mechanically to everything happening to us, instead we all are a human being. We have been gifted with the capacity to create meaning from all of these events. This gives us the power to create meaning from them and start making life work for us rather than against us.

Whenever we set out a task for ourselves, it is backed by three prominent components- plan, action and results. These three interdependent ideas need to work in cohesion to achieve the greater vision. Our plans always weigh in the possibilities, but it is seldom that we consider the remote contingencies. Whatever be the outcome, the final thing that creates a difference is our outlook towards it.

The point I am trying to press forward is that it is not always that the results match the plans and it is not completely an off-track outcome, as it comes along with the experience which in turn creates a bigger picture in form of the stories for life.

I have tried to pen down a few lines in this regard,

*'If my life plays some tricks  
I am playing for my glory  
Even if it doesn't give me a fix  
At least it gives me my stories'*



The purpose of writing this article is to share my thoughts on beautiful philosophy of “Everything happens for a reason”. I totally agree with this philosophy. When I could not find the reason behind happening of uncertain situations in my life, I had questions like “Is there meaning to everything that happens and nothing is coincidental” where I came

across Karma philosophy which says to become absolutely aware about thinking as thinking itself is an action and thereby what real actions we are doing because every action has its own consequences.

I would like to share a story which signifies that “Everything happens for a reason”:

There was a judge of High Court. During May vacation, he had gone to a remote place as he wanted to write a book. Two days before he was about to leave, he saw in front of bush one man was pulling another man who was partly alive. He took out the knife and stabbed him. Judge had seen that murderer clearly.

After two months this case came in his court and the man who was brought was not the one he had seen. There were many eye witnesses against this man and judge had to give the verdict that this man should be hanged. Internally, the judge knew that he was not the man who murdered. At night he went to meet that man in the jail.

He said “I am the judge who gave you the punishment but I know you have not murdered. I would save you but I want one answer from you truthfully.” and the judge further asked “Anytime in your life have you murdered someone and for which you were not caught.”

The man replied “3 months back he was given money to murder somebody”. Judge heard that and realised that what justice we are giving, there is something beyond, a higher reality which makes everything happen for a reason.

Question comes that if everything happens for a reason so is it everything predestined and if so why to work hard. On this Chanakya gives a beautiful thought process that think like “it may be pre destined to work hard and you will get it”. Pre destined means uncertain situations are not in our hands, situations come for some reason but how to deal with situations is in our hands.

We cannot control the happening of uncertain situations as everything happens for a reason but what we can do is maintaining the inner strength and having a positive approach to life.

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Where does this belief come from? One theory is that it reflects religious teachings — we think that events have meaning because we believe in a God that plans for us, sends us messages, rewards the good and punishes the bad.

As I believe in Jainism, according to it the things people do during their lives attract karmas, which can be good or bad. The karmas are attached to a person's soul and affect what happens to them in later rebirths. People build karma their entire lives; with each action there is a re-action, an outcome, which decides the trajectory of your life. Life is dear to all even though it may contain misery. Man's desire for an explanation of the existence of a misery, relief from and extinction of misery and for a consequent increase of happiness of life, which is the function of religion in guiding what is right and in turn building good karmas.

As it's our action which decides the trajectory of our life, so this means that "things happen for reasons, many of which are in our control". Hence, each living being is a master of his/ her own destiny. They rely a great deal on self-effort and self-initiative for both their worldly requirements and their salvation or liberation.

I support an existential model where actions guide the hand of your future. This overlaps with the theory of karma, which is found in every crevasse of Indian culture.

"Things" do not just happen – you make them happen"

Indeed, good things will happen to those who deserve it. In essence, positives will arise if you work hard and meet the right people.

Though, my support of karma does not discriminate. It's an innocently unbiased and simple formula. Bad things happen to good people as well. Met with an accident? Didn't receive an expected percentage in exam? Got rejected by someone? These things happen. Do they happen for a reason? Yes, they happen for many reasons – and you created them. The most important part is how you handle each adversity. How do you keep building karma, even when facing failure? The mirror of human action is the most genuine portrayal of an individual. It never lies.

Karma is inescapable and relentless. If you get thrown in a ditch, you have a couple options: you can wait for help, dig deeper in the hole, or start figuring how to climb out. Fate didn't put you in the hole. You did. Now find a way

out, then climb a mountain, and never look back. There's endless opportunities in this world, so why get bogged down on one of them?

People who wait their whole lives for fate to rescue them are wasting time. We put ourselves in situations and often wonder, "how did I get here?" Only you know the answer.

Personal Experience –

Firstly, I decided to do CA not because that I was very keen about the professional career but because I had ample time along with my college way back in 2004 and I thought let's give a try. If it clicks and I clear PE-I in first attempt then I will continue with the course or else drop it. So, now is there a reason for this clicking because of my hard work or it's just that god had planned this for me – not able to really judge this. But the picture above can be a reason for it just that we connect things in end.

Secondly, I always told my dad that I never want to get married to someone from Maharashtra as I thought people here have high lifestyle and I might not set in here as in south people are of simple lifestyle and very down to earth. So, I thought of settling in south only but destiny planned something else for me and my life partner is from Pune and have settled here after marriage. So, is there any reason behind this? I could have said no to this marriage proposal and could have changed my fate but the statement holds good here that everything happens for a reason.

Thirdly, I never tend to bother about my health and kept ignoring it till date. I find time to do everything possible on this earth but not invest in health except when recently I kept falling ill again and again and realized that its high time to think about it now or otherwise it will be too late to regret and take immediate action. So, is it that falling ill again and again became a reason for considering health first and prioritising it?

Fourthly, I met with a major road accident in 2007 on our way to Rajasthan from Ahmedabad for a religious trip. Our entire family was in the car and the driver was driving suddenly the car completely turned and rolled thrice and hit the trees on the roadside and went and fell into the pit. All of us got severely injured but by god's grace we all survived. Looking at the accident and the crashed car, no one could believe that if anyone of us could have survived but here our karmas played a role. After this incident, I dint feel like going temple as the question would prop in my mind that when we were going for such a good cause of visiting various Jain temples then why such an incident happened with us but my dad used to explain and clarify that look

from different perspective that its only because of god will we all are alive. Our "Punya" spared us.

Lastly, in my professional career also many things keep coming in between which brings me on the verge of deciding if I should continue or not but it's the hard work and at the same the support of good people around who constantly keeps motivating me to try harder and break all the barriers. If I get carried away and may think that such obstacles keep coming is a signal for something but infact the destiny is in our hands. We can change it the way we want it to be by staying focused (this is also being supported by sir's latest audio series).

Therefore, these decisions will affect you and the ones around you. Life is all about making the right choices and choosing what is best for you and moulding yourself into the person that you are meant to be. Whatever is going to happen, will happen but we can change the same or make it better by building good karmas and taking personal responsibility of our actions.

In Nexus, the statement is partly true as things happen for reasons but we can change them according to our actions and decisions. If we don't try and wait for miracle then even god won't be able to help us. Because God help those who help themselves.

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God has prewritten everything in our life, we may not realize it but it is the fact which we have to accept and move on.

It prepares you to face every situation that comes in your life and makes you more stronger. You understand that not everything is in your control in life as GOD is the creator of this universe, everything works as per his plan and as per his wishes but certainly we can control things the way we respond.

It teaches you the importance and value of everything in life, to accept everything gracefully, be very grateful to god and have immense gratitude for whatever he has given us and what we are.

Last but not the least, being associated with Respected Suhas Sir, now I can clearly see that why and how it happened for a reason. It is one such relationship which I would always treasure it throughout my life.

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I do believe with the statement - Everything happens in life, there is reason to it.

I can relate this statement with one of small event in my life. During my 10th standard, my parents decided to shift me to my aunt's place. Time to travel from my home to school was around half hour but from my aunt's place it was around 1hour and that to I had to travel through local train. I was quite upset and not at all willing to go so far from home and was not happy with the decision but still went there.. After going to college, I realised how helpful it was for me because by that time I had developed the habit of travelling independently and was thankful to my parents that they took that decision.

It is actually difficult to accept the situation when things do not work out as we want and it takes time to know what was the reason behind it. But as it is always said that good things take time and so the hardships we face when things work out in different way then what we expected, it actually for our good and its worth the wait.

So yes, every small thing that happens in life there is always a positive reason to it!

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I have always believed very strongly that our life paths are already planned. The Master, whom we often refer to as 'God' or whatever power it is, has planned all of it well. He has his calculations and accounts perfectly maintained. And so, the right things are going to happen, at the right time, with the right people, in the right manner it should be.

Sometimes, I wonder if I have given and put in all my efforts honestly, yet why didn't it work for me? But off lately, I've realised that even 'my best' has some shortcomings which didn't work up, but that's only to make me stronger, better and for my inner growth as a person with each good or bad experience.

No specific instances as such is what I have to quote here, but to share one, since just recently got through the CA Final examination.

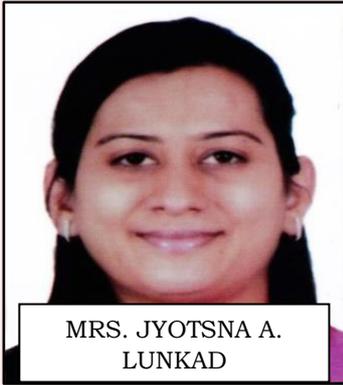
Two years back, February 2019, I had strongly made up my mind to drop out from CA Course for very vague reasons. But somehow my mentors Manoj Sir and then Suhas Sir convinced me to atleast appear for the exams and only I know how barely I knew any technical stuff but I did go because I didn't want their trust and efforts into me to go in vain. And then very lately, I realised all of it happened for a good cause.

In these trying times that we all are experiencing, it is very difficult or may be very different than the usual. If we want, we can take this as an opportunity to regain our focus back on health, family time, recreational activities along with work.

Now we are working for limited hours at office, but I realize it has only made us plan our work better and complete all our tasks with better efficiency.

The topic of this write up is itself so motivating and positive. If we actually give it a thought, I could relate it with every good and bad experience that I have had so far in life.

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I strongly agree to this statement, “Everything happens in life — there is always a reason for it.”

It requires a huge intellect to understand this meaningful and a positive statement.

God has written everything, it is just that we have to accept it and move on.

I think we have to take this statement very positively, because GOD is the creator of this universe, everything will work according to how it is planned and what he wishes.

Ideally it was all meant to happen, destined to happen, and so we accept the situation and move on in our lives.

This can only happen if we understand the meaning of this sentence profoundly.

However, we have to be prepared in life and be strong to face the situations what the creator has designed for us. Accept it gracefully and things fall at the right place. The only thing I strongly believe is, people really don't accept the situation and are always ready to complain and criticise. Complain and criticise then keep going deep in their systems and tend to become rigid in their minds, then the end result is the humans begin to suffer.

Oh, Humans have lots of EGO which makes his feel he is superior than everything.

Finally to accept what god has planned is very important to be successful in life.

**PRAY! HEAL ! GROW ! MEDITATE !**

Have clear fundas in life, this will only help you grow!!

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Everything happens for a reason- we just may not know the reason. The most common example that has sciences imprimatur is Newtons third law of motion-

FOR EVERY ACTION THERE IS EQUAL AND OPPOSITE REACTION.

Universe is constantly changing and evolving, what is today is never the same tomorrow because change is the law of nature.

*There will always a cause for every effect, whether the cause can be determined or not.*

*Only when you see people changing, you learn to let go them for a reason.*

*Only when things will go wrong, you will understand to appreciate the good things in your life,*

*Only when you see people lying to you, you will understand the importance of trusting someone,*

*Only when things will apart, good things will come together.*

Understanding the basic law of nature, I believe that everything happening to us today has a purpose because it is turning us into our better version.

There will be times when things will not go our way as we thought to be, we might experience *REGRET*s,

Regret of not spending time with family, regret of failure in life, Regret of some unaccomplished goals. We wish we could have controlled the outcome to avoid feeling loss or disappointment.

For example, if one has failed miserably in his life, its natural to feel devastated, miserable, helpless and sad, But instead of repenting on things not done and decisions not taken, one can decide to choose to use this experience as an opportunity to empower oneself. One can choose to believe that there is a reason why this has happened with him in life. A reason that one will know later on. One can choose to create a new sense of meaning from getting over sadness.

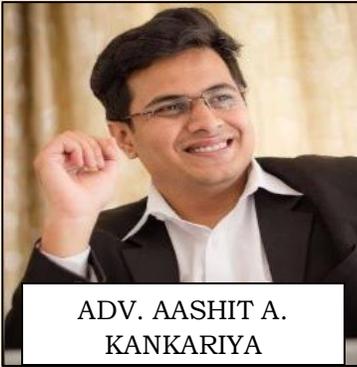
I can surely say that there will a be that “Aha!” moment when everything will finally make sense. Instead of being stuck on negativity, one should choose to believe that all is not for nothing. And when one will experience the most defining moments, one will feel the sense of awareness. One will realise that now, all of it makes sense. It will be one of those Eureka moments that allow you to reflect to your life and makes one realise how strong one was.

The Divine always pull the bow back with all his strength limiting to the strength of wood and the elastic to break, to shoot the arrow in the required direction to accomplish the desire.

At the end, according to me it is very important to keep Believing that everything happens for a reason, it gives us valuable introspection that can be hard to obtain when life gets really hard.

*Eventually all things will fall into place,  
Until then Laugh at the confusion,  
Live for the moments  
And know everything happens for a reason.*

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ADV. AASHIT A.  
KANKARIYA

I would like to share certain instances of my Life which would showcase my views on the present subject “Everything Happens For A Reason In Life”

### Incident No. 1

I am a lawyer in India, a country which has approximately 20 Lakh Lawyers. During the preliminary days of my college life this fact often frightened me. To be honest it was the sole reason that dissuaded me from practicing Law and consider it as a career option. Life indeed is quite strange, if not predictable. That was a phase when I saw life with a different set of glasses, the glasses which had different shades of fear and anxiety. The shade which always made me question my competency when I hit the streets every morning and saw the amount of people on the streets running in the rat race just to earn their livelihood. Yes, there is no shame in admitting I was scared. My life became a jigsaw puzzle with lost pieces; pieces which no matter how hard I tried, I was simply unable to find. I was never the one who would rely on my family and loved ones to make my life wholesome and add some meaning to life. Ambition was never a problem for me but I constantly found myself second guessing my decisions. There comes a day when you do understand certain open secrets of life, that day as I recall was a Thursday for me. A dear friend of mine got caught up in a very sensitive case and came to me for help. I knew it deep within my gut that he was innocent and doing all that needed to be done I was able to get him out of it within the end of the day. That day that changed my life drastically. I knew it from then that I was meant to practice law. I was finally able to identify upon deep self-introspection the root cause of my insecurities. It was the pair of glasses I wore which made me see the world in a negative perspective. I very well knew I had to change it and indeed it was quite fortunate for me that I was able to identify the issue. Many live their life without identifying the root cause of their miseries/shortcomings itself and we should know that the difference starts with identifying and then resolving the issue. Now, it's one part identifying the issue but a whole ballgame altogether to resolve it. Through, various self-developed exercises, I did manage to change those pair of glasses. Life taught me that each person is a result of his own decisions and not his circumstances. Today, I do not worry of those insecurities anymore. I am a lawyer in a country with a 130 Crore Population having barely 20 Lakh of my

Colleagues/Lawyers. Not to sound arrogant but today I hold my head high with the confidence to defend my client with the best of my abilities against any Lawyer, no matter how big or small the Lawyer maybe. You achieve this only by keeping your feet on the ground and your dreams reaching the sky; by identifying your shortcomings and resolving it positively; by doing all that you can to change the society and add value to your existence.

I know it as a matter of fact today that I was born to be a Lawyer. It gives me immense joy and satisfaction to be one and that I may have never experienced it had that Thursday not happened to me. That Thursday happened to have happened for a reason. So yes, I do strongly believe that Everything in Life Happens for a reason.

### Incident No. 2

It was a warm sunny afternoon when my wife called me up all of a sudden and told me to drop whatever I am doing and come home as soon as possible. I tried to inquire the reason but she was hesitant to tell me why. I rushed home to find her at the door waiting for me all excited to break the news to me that I was going to be a father. Honestly, it took a minute or two for me to digest the news. I always knew this day would come and to find myself at the door of fatherhood made me ecstatic beyond imagination. However, there was a certain anxiety within myself as to if I would be able to give him time without hampering my professional life. Days and Months passed by and the day of her delivery finally arrived. I still remember that day of me being in the waiting area of the hospital being Anxious, Nervous, Tensed and Excited all at the same time. Believe me when I say this but having all those mixed feelings all at the same time is very rare in life. One often starts questioning himself during such an occasion as to what kind of a father he wants to be. The moment I held him for the first time tears started rolling down, tears of joy. The feeling that I have created him is unimaginable. My life has never been the same since. Today I know it for a fact that his birth is an important reason for what I am today. We have named him "Aarav" and I consider him to be my lucky charm. I carry his T-shirt during all of my court arguments and therefore find myself having an unprecedented vigour within myself. I am certain that just like all the fathers there are, I too am confident of conquering the unimaginable if I have my son by my side. Aarav came into my life for a reason, to make my life complete. To make me become a better

person so that he sees me that way. I am sure that over the years to come, I will make him proud of me.

So yes, I do believe that Everything in Life Happens for a reason.

### Incident No. 3

It has been a habit of mine that I maintain a Personal Diary in which I write down all that I want to achieve in Life and the different ways in which I can achieve that. Planning of life is indeed very important in Life in my personal view. However, what life has taught me is that Life does not always go as per your plans and God does have some plans of his own. One such instance happened with me during the time I met Adv. Sanket Bora and his father CA Suhas Bora. I have in my career worked alongside different lawyers on various Assignments and so did I get an opportunity to work with Sanket. Something unknown just felt right during the course of that Assignment and we developed a bond with each other which was completely unprecedented with working with any other colleague. I remember the innumerable times he used to invite me home for lunch knowing that I didn't have an option but to eat out at some restaurant due to my wife being unavailable. These were the times I was welcomed to their family. The warmth, love and respect that I received was unimaginable. Over the course of time, the plans written down in my diary drastically changed as I found myself sharing the same Professional bed with Sanket as my Partner. This was something I never foresaw but again that's Life. Today, I am proudly not just a part of the SPCM family but their family too. Today, he is "Sanket Bhau" to me, his father is "Kakasa" and mother is "Kakisa" to me, these relations itself say it all. Sometimes in life you do meet certain people for unknown reasons which do make a positive difference in your Life.

So yes, I do believe that Everything in Life Happens for a reason.

***You may have the best plans laid out for you but God may have something better.***

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ADV. KUNAL M. BORA

*“Everything happens for a reason. From Every situation or event which happened in our life, we always learned something, that gave us lesson. Every person we meet have a roll in our life, either it is big or small. Some will hurt, betray and make us cry. Some will teach us lesson, not to change us, but to make us to be a better person.”*

How true do you think it is that what happened was for the better or for the worst? Is there any reason? In fact, it is a different question for many. Much also depends on how we view the situation. If it happens right away, then you are one hundred percent convinced that what is happening is for the better. But the real question comes only when it is against our will. At such times, however, the balance of our mind is tightened. What matters is how we digest it when it goes against our will.

Sometimes you have to make up your own mind. There is no choice. We deceive ourselves into believing that what happens at such times is for the better. But since we have to move on in life, that's the right thing to do. This deception is also for the better. So, sometimes it seems to be true that what happened was for the better and there was reason behind it.

Sometimes, though, what happens is literally for the better. Sometimes it is felt immediately, sometimes it is felt over time. If you survived an incident, you would think that what happened was for the better. It's all relative. So, it is not always true that what happens is for the better. At the end its everyone's point of view.

But personally, I must say rather I believe somewhere that **“Everything happens in life - There is always a reason for it”** and whenever I hear or read this phrase, the first story always came in my mind is the Akbar-Birbal's story. Many of us or all of us may be heard this story in childhood. I want to again share this story.

One day Akbar went hunting and had a little accident. He shot an arrow at his own foot and was injured. He asked Birbal what he thought about the accident, to which Birbal replied, “Everything happens for the good”. This time Akbar was really upset and ordered for Birbal to be put in a well. Akbar asked Birbal, “Now, what do you think?” The Birbal again replied, “Everything happens for the good”. So Birbal remained in prison.

The emperor Akbar went on a hunting trip yet again, this time without Birbal. Akbar was captured by the Tribes, who decided to offer him as a sacrifice to “Goddess Kali”. Just before chopping his head off, one of them saw the

wound on the Akbar's foot and decided to throw him back into the jungle, as per their customs they cannot offer an imperfect body to Goddess Kali as "Bali".

Akbar realized Birbal's words and repented for leaving him in the well and went back to get him. When Akbar explains what happened and apologizes to Birbal for his act, Birbal says "Jahapana, good that you left me, else they would have killed and offered me to Kali instead of you".

It is true that everything in life happens for a purpose, and always for our own good. If you think about it, all our past experiences actually happened to bring us to where we are today, and it is always for the good. All the past experiences make us a better person. So, whatever challenges that we may face today, consider it happening to bring us to the next level. Such a meaningful lesson we learn from this story. Whatever the position come we must have to be positive attitude towards in that situation.

*So, "When you go through a hard period, when everything seems to oppose you, when you feel you can't bear even one minute, Fight the urge to give up. Have faith in self and keep forging. You are about to turn the corner, your course is about to change the plane, New summit is within your reach.... keep going!"*

And.....

Always Believe that Everything happens in life - There is always a reason for it.

At the Last, I must want to add one positive quote which my beloved Nanaji always told me:

*"Jo Hota hai ache ke liye hota hai,  
Jo Hochuka vo bhi ache ke liye tha,  
Jo Honewala hai vo acha hi hoga."*

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This is my experience of Everything happens for a reason!

Last year n even this year we all are facing COVID-19 Pandemic issue and though the Vaccinations have come many of us are still facing and going through this strugglesome phase.

We are Indians and in our culture being fit, planting trees were the learnings given by our elders but somehow we all had forgotten to carry it and nurture it but because of this Pandemic everyone has learnt that life is precious and in order to live fully we will need to plant trees for more oxygen and stay fit to survive..

So for me though COVID-19 is life threatening it has given us a lesson as well.

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I trust that everything happens for a reason, even if we are not wise enough to see it. I want to share my one experience.

Now I am Chartered Accountant. After completing 10th standard I decided to join commerce.

Then in commerce best career choice/course is ca. I registered for cpt but i was not aware about many aspects of it.

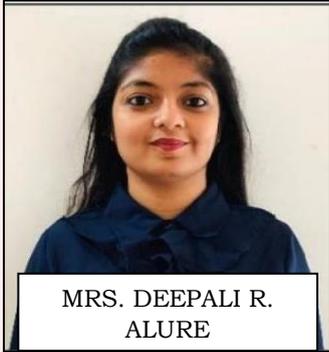
When I came to pune for cpt classes in my pg there was one girl who was doing ipcc she guided me such a way and changed my perspective towards career and ca course.

Unfortunately she is no more now.

But i think today i am ca she owns some share in it .

So meeting right people at right time is not mere coincidence everything happens for a reason.

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We all have faced certain downfalls in our lives and feel that all the doors are closed. However, sooner or later realize that if a door is closed, it's because what was behind it wasn't meant for you.

When an event is occurring or is about to occur, we are unaware of the reason. But once the incident has occurred, we understand the real reason behind it.

One such incident happened with me in my childhood is that, I used to go for the baking class, one fine day my bicycle got punctured and it took much time for me to discover a garage and then fix the issue. Meanwhile, I was frustrated and angry, as I could not attend the class. By the time bicycle issue was fixed only ten minutes of time was left to finish up the class, so I returned home. After I reached home, my friend called me and told that, "*thank God! you did not attend the class*". Because during the class a fire mishap broke out where most part of the classroom was burnt and many were injured. Fortunately, due to my bicycle, I was saved from the accident.

This incident always reminds me about this simple fact of life, that is everything happens for good and there underlies a reason behind the occurrence of any event.

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CS PURVA P.  
CHOPADA

Yes, I know you must be thinking, “Huh! Easy to say for you” but yes my dear everything does happen for a reason!!

Don't believe me? Ok. Let me express this through my life experience.

### **Our Maldives trip**

We planned our trip to the paradise island, Maldives which is the trending destination for honeymoons and leisure, we were supposed to leave on 8<sup>th</sup> March, 2021. Accordingly, we started wrapping up our work, completing the urgent and pending tasks. We were just rushing to clear our schedules while forgetting to take care of ourselves. Our schedules were going very hectic throughout the week in which we were supposed to leave.

On 6<sup>th</sup> March, 2021, just couple of days before the departure to Maldives we tested ourselves for Covid-19 as per the travel guidelines, and again got back to the last moment hustle.

Unfortunately, or fortunately, I got tested positive and we had to cancel the trip. We were all miserable and upset. We really couldn't get over that disappointment for days. After few days, I got better and all fine. We had to reschedule our trip because that was the condition put in by our resort.

And then we again planned our trip on 8<sup>th</sup> April, 2021. This time we were pretty much aware, we were taking care of ourselves as we again had to get tested ourselves. We were just going with the flow, taking care of our daily tasks. Again, we tested and this time we both tested.....Negative!!!

Yes, that excitement was our reaction, we were all geared up for our trip then and flew to Maldives. Yes, finally our trip actually took off!! It was a paradise there and really our trip could not get better. We could enjoy rains when it was hot summer over there, we could peacefully go for snorkelling which wouldn't have been possible during regular season, we easily got upgraded to the water villas which we wanted and weren't available on our initial (original) travel date.

Somewhere inside my mind, I really felt grateful that I could not go that time because somewhere I believe, “EVERYTHING HAPPENES FOR REASON!!”

### **My COVID experience.**

Now as you know, I was tested positive, I had lot of time to think about myself. I know, everyone who tested positive must have their own experiences and journey. Well today I'll share mine. During my quarantine time, I used to think, “How this happened?” “I was very much healthy and fit” “Why did it happened?”

But as soon as I came out of my quarantine, my whole perspective for life was changed. Somewhere I realised, you can't be over confident about your health. We must need to take care of ourselves. I realised that I need to work on myself. I need to come out of my weakness.

I again started my normal life but with a gratitude towards life, started exercising. Got back to my work and started my tasks as challenges which I have to conquer daily, started having good chat with my employees, started laughing with my friends. And you know what, it really has changed my whole attitude for life.

Today I feel very positive, energetic and self-loving person! I was never this much positive before. I always used to feel that I am overburdened with my responsibilities but now I am grateful because I know I can handle them.

In a nutshell, I feel Covid was kind of a phase of realization to me to love myself and always be grateful for what you have, because you may be cursing god for the things you have but some people might be praying for the things that you have!!

Yes dear, “EVERYTHING HAPPENS FOR LIFE!!”



The world revolves on its own Karma.

I would like to discuss few aspects of our life which makes us think – “Whatever is happening – there is a reason for it”

Giving a thought towards the year 2020 and the current 2021, all one can observe is the drastic revenge taken by the nature against humans. We are liable for the wrongs we have done. It is not just Covid, there have been huge forest fires, falling of glaciers, etc.

If we give a thought towards the recent changes we have made to the nature’s cycle in name of redevelopment or modernisation or competition or easy facility for humans. We have devastated the beauty of India.

Secondly, man has become more greedy, selfish and self - concerned, we have seen times when there used to be great understanding not only amongst families but even the neighbours living nearby, whereas, today everyone is thinking only for himself. There is no care and humanity left in people, this is in return affecting people with various imperfections like depression, anxiety, loneliness, stress etc. because the concept of TRUST is fading away.

Thirdly, the current pandemic, if you observe it has changed the importance of the word “POSITIVE”. If we think about the wave when came last year, we realised, what family time is. What it is to share time with elders at home. What is the daily struggle of a woman at home. How it feels when we share our feelings with the family. That there exists a world beyond electronic devices. That there exists a world beyond just running behind money. That one can be self - sufficient in having basic food, there is no need of a three course meal. Optimum use of resources.

Fourthly, people have prioritized HEALTH.

The pandemic has made us realize, WHERE THERE IS HEALTH, WEALTH SHALL AUTOMATICALLY FOLLOW. But it is not vice versa.

There has been huge demand for immunity boosting spices, fruits, energy drink, vegetables so that one can be more strong internally to fight the virus.

This has made person realise that materialistic luxury is of no use, whereas –

A satvik mann and a satvik tann has been a motto for all.

Finally, what I had learnt from the first wave, Nothing stays permanent, be it joy or sorrow.

This too shall pass.....

But we must also be careful that, as things do not stay permanent they have a tendency to rebound and return. We must be very careful and vigilant in these tough times where it is required to give priority to own protection and safety and even generate a feeling of humanity and share a shoulder for the weaker one.

DON'T LET THE HUMANITY FADE,

THAT YOU HAVE COME IN THIS UNIVERSE WITH A GOAL,

AS YOU SOW, SO SHALL YOU REAP!!

SPREAD THE WORD OF PEACE AND MAKE THE WORLD A BETTER PLACE  
TO BE IN.

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MRS. ARADHANA V.  
PANDIT

Experiences on this subject are really close to my heart.

I became nostalgic and one by one many incidents have made my belief strong that in life everything happens for a reason. It takes time to find out that reason, but if we start believing this thought process, it helps you to grow from tragedy and adversity. It gives a chance to reflect and teaches valuable lessons.

I was a very bright student and a merit holder in tenth standard. I missed my medical entrance by two marks, later I opted for B. A. While I was pursuing my degree I was a top student in my college but I got married when I was in my third year and eventually I couldn't concentrate on my studies. I graduated with average marks and was very disheartened. After a while I had to face some health issues due to which I used to be really depressed and kept telling myself that why is this happening to me? I was totally devastated and lost my confidence. In these difficult times I was lucky to have one saviour in my life, my grandfather in law, he changed my life, he took care of me in my bad times and kept motivating me and that good things will happen. I started my career at the age of forty because he pushed me to do something and really gave me all his support. In my past I couldn't become a doctor maybe because god had a different plan for me and that I had many responsibilities of the household and my kids. But right now I'm a financial doctor in the form of an insurance advisor and consultant taking care of more than 400 families with me. It took me many years to find out that everything happens for a reason, so we all should believe in it firmly and accept it while keeping an open mind. Destiny takes its course and does the best for you and be patient because everything does eventually fall into place and starts making sense. There was a strong reason my grandfather pushed me to do something and utilise my time in a productive manner. So today I have no regrets and feel blessed to be surrounded with friends and family who keep my spirits high and motivate me. I strongly believe in this quote by Harivanshrai Bachchan ji " Mann ka ho toh accha, na ho toh zyada accha" - so simple yet so powerful, because he believed that destiny will give you what's best for you.

February 2018 I visited SPCM & Associates and was very nervous seeing the swanky, elegant office space with huge cabins, but I had a strong reason to be there as I wanted to grow and keep learning new things. I am thankful, grateful, blessed and thank god for that. So I strongly believe everything happens for a reason and when life knocks you down, you have to keep telling yourself this.

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*“Live life and take chances. Believe that everything happens for a reason and don’t regret. Love to the fullest and you will find true happiness in life. Realise that things go wrong and people change, but things do go on. Sometimes things weren’t meant to be. What is supposed to happen will work its way out.”*

*- Oprah Winfrey*

I totally agree with this philosophy as it has been naturally imbibed in my behavior over the years due to the teachings of my grandmother, parents and teachers. The belief in such a philosophy, whether correct or not, most certainly fills your life with cheer and positivity. I have always been told to keep doing good and kind deeds without any expectations and all will be well eventually. This gives a sense of hope, faith, sincerity and dedication towards whatever you are doing. Sometimes you may feel that you wish you knew what the reason would be for something to happen. But another day everything will make perfect sense and all we can do for now is to enjoy the journey, choose a wise path and keep following it relentlessly with utmost sincerity. Every step we take is either a lesson or an experience, and none is ever in vain. Every person we meet has a role in our life, it may be a big one or small, it may be an important one or not, some may make us cry, hurt us or betray us, some may make us happy, teach us lessons, and each experience will help us in becoming better human beings, and if not better certainly a bit wiser.

“Sometimes a ‘mistake’ can end up being the best decision you ever make” – Mandy Hale.

Eventually life is a puzzle and all pieces will fall into place. Until then laugh at the confusion, live for the moment and believe that whatever happens in Life – happens for a reason!!

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MS. SHWETA C.  
KATARIYA

***I Believe that everything happens for a reason, but I think it's important to seek out that reason; That's how we learn....!!"***

Everything happens for a reason, for experience or a lesson. Nothing is ever wasted because the soul is always gaining insight. With experience and knowledge, I personally feel, the thought of everything happen for reason is not only applicable to events which are taking place in our day-to-day life but also applicable to each person who came in our life, who left us in between and every single thing which we have in our life. While life turn beautiful for many people it also goes opposite for many. Perhaps this phrase is not for blame something or someone for any pain or misfortune that happen in our life.

It might be difficult to believe that there is a reason behind losing something. But believing that everything happens for a reason can help to ease the burden and pain. In believing that a loss is not meaningless, we give ourselves a chance to heal.

You can't connect the dots looking forward, you can only connect them looking backwards, so you have to trust that the dots will somehow connect in your future. The events people are going through and the actions they take are creating the person they are becoming. But there's a way of thinking about this that empowers you to create meaning from the tragedies and setbacks you experience in life.

There will always be a reason why you meet people. Either you need them to change your life or you're the one that will change theirs. People change so that you can learn to let go, things go wrong so that you appreciate them when they're right, you believe lies so you eventually learn to trust no one but yourself, and sometimes good things fall apart so better things can fall together. The truth is that tough times never last. But tough people do. And the scars that we receive in life will remind us where we've been. Find the beauty in the simple things in life because that's what's ultimately matters. Most of the successful people around the world went through tough times which allow them to understand the value behind their hard work and determination. Not

everything is in our control, nor should it be. We simply can't control everything that happens to us in life. But we can control how we respond to it. At the end of the day, everything does happen for a reason, but it is always our responsibility to choose that reason and move forward.

***“Eventually you’ll end up where you need to be,  
with who you’re meant to be with and  
doing what you should be doing.”***

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Is it really true that there is a reason for everything that happens in life? Further who decides whether it is for good or bad?

I think it is the individual attitude that decides the event occurred is good or bad. The consequences of apparently worst event can turn into unexpected opportunities and then glorious outcomes depending upon our thinking pattern, attitude, willingness to overcome such situation.

Then it may be an individual, group, business enterprises, Social organisation or a Nation e.g. Japan and Israel after the second Worldwar.

When I look at the incidences in my life.

- 1) At the time of birth I was seriously ill with no hopes of survival reason being, that I think today .... The almighty god wished to boost my immunity to such higher level that till today, when I am entering the last stage of life, I don't have health issues.
- 2) My father was very strict, every one complained then. The final result today we see that we all siblings are highly educated and responsible citizen earning respect, responsibility and dignity in society.
- 3) I was forced to leave science and take up commerce stream... again it happed for good and I became the 1st lady CharteredAccountant in our community.
- 4) I got married into an ordinary joint family reason being ....,I got the strength to work hard. The acceptance of responsibilities towards the joint family brought me lot of patience, maturity, respect and resilience. Together we contributed and grew as one soul.
- 5) The first baby girl was born- reason- family was praying for a princess for last two generations and our small 1 BHK home turned into a paradise with that parcel of joy.

6) We had to struggle hard to achieve even a small thing- reason- We understood the value of every person, efforts, unity, money, gratitude, pains of labours.

7) Now god has showered lots of resources on us- reason- He has chosen us as a media for distribution among the needy people and raise 100 workers families.

8) Now this Covid 19 pandemic- reason- to teach the mankind the importance of nature, air, water, human being, caring family members n friends etc.

9) My focus has changed from Industry and home to agriculture- reason- I can take up the challenge, come out of my comfort zone and start environment friendly social activities, lift up the rural women, return back to the society. In doing so I am making mistakes- reason- to increase experience, to learn, to succeed and reach the higher scale.

So I conclude there is a reason for everything that happens. All the power is within us and we can do it once we decide to do it.

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**“Whatever is happening – there is a reason for it”** my mother always said these words to me, which have stayed in my mind throughout my life. **“I Do you believe that there are coincidences in life? Everything happens for a reason.”** Every person we meet have a roll in our life, either it is big or small. Some will hurt, betray and make us cry. Some will teach us lesson, not to change us, but to make us to be a better person.”

During this challenging due to Covid 19 I truly believe that we are not put into a situation that we cannot conquer. I find myself coming back to the same thought every morning, be grateful.

Be grateful for the fact that we are alive, healthy and breathing. Be grateful for this extra time with family and friends, even though it may be through a virtual platform. While there is a lot of uncertainty in the world right now, one thing is for sure; We will come out stronger on the other side, we will learn and grow from our mistakes and circumstances and we will be ready to fight whatever the future holds for us!

Some may not quite agree with the words: **Everything happens for a reason.** Especially when someone goes through a horrific experience, or has to watch someone else go through it. At the time, it’s very hard to see the lesson or blessing within it. All you see or feel is pain. However, that pain may bring about the best change. We often need to experience low points in our life to gain the wisdom and knowledge that we need to know, to experience the high points.

Sometimes all we can do is see things from a positive perspective and expect the best, even during the most difficult of times. We just need to have an empowering belief that everything that happens to us,; it is all a part of a perfect plan that will favour us in the end.

**Choose wisely. Be positive. Be hopeful. Be helpful.**

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I believe that everything happens for a reason, but I think it's important to seek out that reason; that's how we learn. On the other hand, we can choose to use this experience as an opportunity to empower our self. When we accept the reality and the finality of a situation, it closes the chapter of the story and allows us to move on to better things ahead. When things don't go our way, we often experience regret. We wish

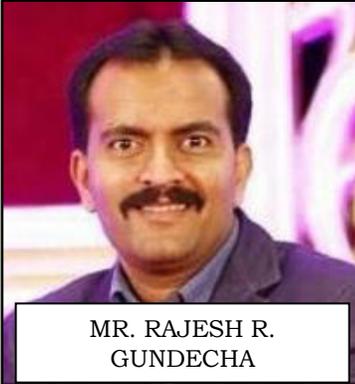
we could have controlled the outcome to avoid feeling of disappointment. It's normal to feel a deep loss and shame over the failure of anything. I always have one question in my mind that why has humanity been so strongly attracted to religion for millions of years? Because it gave us a reason, something to look up to when life becomes too hard. This need for something to hold onto has been embedded in our survival in this hard times. Some people rely on religion or some may rely on science. But either case people find way to believe in something. Or simply believe that everything has a purpose.

Sometimes, it is during the lowest points in our life that we gain the courage and strength to emerge as better. In believing that a loss is not meaningless, we give ourselves a chance to heal. It alleviates our most painful feelings and allows us to continue our lives with grace. I've heard someone say before that when a dream or a goal feels so out of your grasp and so impossible to achieve, the key is to just look at your feet and take one step at a time.

By choosing to believe that everything in our life has a bigger meaning, we allow our self the openness to see the picture not as it is right now, but as it could be when all the pieces are finally put together. One day, all will make sense. This belief will make us stronger to achieve anything and gives a hope to conquer the present situation by portraying the picture of future. It can change us into completely better version of our self. We learn to look at things in a different light. Our ideals and the way we approach things can even do a complete 360 degree change.

Nothing happens by chance or by means of good luck. Illness, injury, love, lost moments of true greatness, and sheer stupidity all occur to test the limits of our soul. Without the small tests, whatever they may be, life would be like a smoothly paved, straight flat road to nowhere. Or simply it would be super boring. It would be safe and comfortable, but dull and utterly pointless. At the end of the day, everything does happen for a reason. But what you can control is your reaction to it.

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MR. RAJESH R.  
GUNDECHA

"Everything happens for some reason so believe in God & trust yourself"

-Suhasji Bora

*"I believe that everything happens for a reason. People change so that you can learn to let go, things go wrong so that you appreciate them when they're right, you believe lies so you eventually learn to trust no one but yourself, and sometimes good things fall apart so better things can fall together."*

- Marilyn Monroe

31st March 2021 came in like a worst day in my life. It was when I gave up on my life, when I thought that everything was over! Yes, it was that time when I was reported Covid-19 POSITIVE following with my family in a few days; my parents, my wife and my children. After my second chest scan I was informed to get hospitalized at the earliest as there was nothing serious in the first. My situation had become overcritical. I was totally shaken! Now, won't we call this the most dreadful, disgusting and distressing news? It has been the biggest nightmare yet.

This was when my life took a turn. As I started to recover from this situation in a slow pace, I then realized that EVERYTHING HAPPENS FOR A REASON and we must appreciate that as it empowers you in life. Come what may, we must be stubborn to tackle all the road blockers. I realized that you can never predict your future and as Aristotle once said, "The universe is constantly changing and evolving. What is today is never the same tomorrow." Everything happening to me at that time had a purpose because it turned me into the person I am today.

If we have a glance at the positive side; my wife, my daughter and I would be able to donate PLASMA to the needy. Corona Virus is the biggest tragedy and many like me are undergoing through that situation but in this phase we see many helpless families who aren't able to save their family members due to lack of oxygen and plasma. Due to which I'm trying earnestly to donate Plasma as soon as possible as being an adult doesn't brings you only freedom but also some responsibilities.

In this period I came to know my genuine relationships with people. It made me understand who my actual well-wishers are and I admire them the most!

My entire lifestyle changed to practice better hygiene because being hygienic is no longer just a good habit, but the very skill you need for survival!

Today, as a proud INDIAN I can say how greeting one another by saying "NAMASTE" instead of shaking hands came in our lives like a rainbow. Our Indian cultural rules are helping us to protect ourselves and maintain hygiene which decreases the fear of infection.

Last but not the least make every day count, appreciate every moment and take from it everything you possibly can. Optimism has been my favourite term these days as optimism of humans and their desire help them to move on.

I would like to raise a toast for people like me to not fail to remember their strengths and overcome their weaknesses. Have faith in yourselves, be strong and be optimistic as tomorrow never dies and **EVERYTHING DOES HAPPEN FOR A REASON!**

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# QUOTES

- ***“Realize that if a door closed, it’s because what was behind it wasn’t meant for you.”***  
— Mandy Hale, *The Single Woman: Life, Love, and a Dash of Sass*
- ***“Eventually all things fall into place. Until then, laugh at the confusion, live for the moments, and know everything happens for a reason.”***  
— Albert Schweitzer
- ***“I believe that everything happens for a reason. People change so that you can learn to let go, things go wrong so that you appreciate them when they’re right, you believe lies so you eventually learn to trust no one but yourself, and sometimes good things fall apart so better things can fall together.”***  
— Marilyn Monroe
- ***“There will always be a reason why you meet people. Either you need them to change your life or you’re the one that will change theirs.”***  
— Angel Flonis Harefa
- ***“I trust that everything happens for a reason, even if we are not wise enough to see it.”***  
— Oprah Winfrey.
- ***“Someday, everything will make perfect sense. So for now, laugh at the confusion, smile through the tears, be strong and keep reminding yourself that everything happens for a reason.”***  
— John Mayer

- ***“Do you believe that there are no coincidences in life? Everything happens for a reason. Every person we meet have a roll in our life, either it is big or small. Some will hurt, betray and make us cry. Some will teach us lesson, not to change us, but to make us to be a better person.”***

— Cynthia Rusli
- ***“Bad things do happen; how I respond to them defines my character and the quality of my life. I can choose to sit in perpetual sadness, immobilized by the gravity of my loss, or I can choose to rise from the pain and treasure the most precious gift I have – life itself.”***

— Walter Anderson
- ***“Miracles happen every day, change your perception of what a miracle is and you’ll see them all around you.”***

— Jon Bon Jovi
- ***“Some people want it to happen, some wish it would happen, others make it happen.”***

— Michael Jordan
- ***“Once you make a decision, the universe conspires to make it happen.”***

— Ralph Waldo Emerson
- ***“Sad things happen. They do. But we don’t need to live sad forever.”***

— Mattie Stepanek
- ***“I believe that the Laws of Karma do not apply to show business, where good things happen to bad people on a fairly regular basis.”***

— Chuck Lorre
- ***“We go through our careers and things happen to us. Those experiences made me what I am.”***

— Thomas Keller

- *“I wouldn’t change anything. I think that it’s important to let things happen, and stay ‘happened’. I think that’s all part of the learning curve, part of fate. I’m just glad that it happened.”*  
— Mike Peters
- *“The world is so unpredictable. Things happen suddenly, unexpectedly. We want to feel we are in control of our own existence. In some ways we are, in some ways we’re not. We are ruled by the forces of chance and coincidence.”*  
— Paul Auster
- *“You can’t be brave if you’ve only had wonderful things happen to you.”*  
— Mary Tyler Moore
- *“The worst thing you can do is try to manipulate or control perceptions. It’s impossible, and when you are found out the result is disastrous. Better to be transparent and play well with others so that when bad things happen you have a reservoir of good will to bank on.”*  
— John Gerzema
- *“Inspiration comes from within yourself. One has to be positive. When you’re positive, good things happen.”*  
— Deep Roy
- *“In the final analysis, the questions of why bad things happen to good people transmutes itself into some very different questions, no longer asking why something happened, but asking how we will respond, what we intend to do now that it happened.”*  
— Pierre Teilhard de Chardin
- *“Sometimes a “mistake” can end up being the best decision you ever make.”*  
— Mandy Hale

- ***“Success is not a miracle. Nor is it a matter of luck. Everything happens for a reason, good or bad, positive or negative.”***  
 – Brian Tracy
- ***“Life’s too precious, so have fun, treasure the memories, say what you want, do what you want, have no regrets and remember everything happens for a reason.”***  
 – Abhishek Tiwari
- ***“I knew everything happened for a reason. I just wished the reason would hurry up and make itself known.”***  
 – Christina Lauren
- ***“Just remember everything happens for a reason. We just have to pick ourselves up, and look on the bright side of life.”***  
 – Megan Smith
- ***“Most things happen for a reason and it may take years to discover why, but this is almost always for the better.”***  
 – Ursula A. Ciller
- ***“Things happen they way they’re meant to. There’s a pattern and a shape to everything...Nothing happens without a reason...Nothing is impossible.”***  
 – Rosamunde Pilcher
- ***“Everything happens for a reason and a purpose, and it serves you.”***  
 – Tony Robbins
- ***“Even seasonal situations can bring with them lessons that last a lifetime. If the love doesn’t last, it prepares you for the one that will.”***  
 – Mandy Hale
- ***“The pessimist reason that things just happen, where the optimist believe that things happen for a reason.”***  
 – Anthony Liccione

- ***“Things are finally starting to calm down and be the way they’re supposed to be. I think things happen for a reason.”***  
– Eddie Cibrian
  - ***“Remember that everything that is happening around you, good or bad, is in some way conspiring to help you.”***  
– Debasish Mridha
  - ***“Thank life for happening, Thank every twist and turn, There is a reason for every single thing, there is a reason for every worry and concern.”***  
– Dante Jannicelli
  - ***“I believe that everything happens for a reason, but I think it’s important to seek out that reason; that’s how we learn.”***  
– Drew Barrymore
  - ***“All is grace. Nothing happens by chance, everything happens for a reason. Life is beautiful!”***  
– Joel Randymar
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